



# Camp Ak-O-Mak

2010

## Barrie Kids of Steel Triathlon

Dear Parents and Campers:

The Barrie KOS is a really Fun event and we highly encourage you to take advantage of this special opportunity. You will be well-prepared by our experienced triathlon coach Jocelyn Saunders (a triathlete herself) in the weeks leading up to the KOS Triathlon.

We travel to Barrie the evening before to check out the course and secure our bikes. We enjoy a hearty dinner at a local restaurant to “load those carbs” and share a relaxing evening together. The last few years we have been graciously invited to billet at an Ak-O-Mak staff members’ house, however if that arrangement is not possible then we would all stay at a local hotel, the cost of which would be deducted from the camper’s refundable expense account as well as the cost of the registration.

Registration Fee:

\$36.00 if signed up by July 12<sup>th</sup> (Remember, this event is sold out by mid-July!)

\$46.00 after July 12<sup>th</sup>

To avoid disappointment, we urge you to register as soon as possible!

Feel free to bring your own road bike if you have one, otherwise we use our Ak-O-Mak mountain bikes.

NAME: \_\_\_\_\_

DATE OF BIRTH: (Day) \_\_\_\_\_ (Month) \_\_\_\_\_ (Year) \_\_\_\_\_

AGE (as of Dec. 31/2010): \_\_\_\_\_