



2010

ELECTIVE / OPTIONAL ACTIVITIES

Dear Parents/Guardian,

Camp Ak-O-Mak is proud to offer these exciting sports on an “elective” basis to interested campers.

Camp Ak-O-Mak has always been a strong contender in competitive paddling, historically qualifying boats for provincial and national level events.

Competition at this level tends to generate costs in excess of a camper’s refundable deposit. The following is meant to provide you with a guideline or approximation of anticipated expenses beyond your child’s refundable expense account.

- **Icelandic Horseback Riding:** A cost of \$45.00 per lesson with a possibility of 1 to 3 lessons per week. Horseback riding Permission & Waiver should be completed before the start of camp.
- **Competitive Paddling/Regattas:** Estimated 1 – 3 events (pending qualification) approximately \$100.00 to \$150.00 per event.
- **Competitive Triathlon:** Approximately \$100.00 per event (this includes transportation & registration).
- **Niagara Falls:** Available for Seven week and Four week campers only. Extra spending money should be considered.
- **Swim Meet:** Approximately \$100.00 per swim meet (transportation & registration)